

Invite Ignite Inspire Aldergrove Public School **150 Aldergrove Dr.** Markham, ON. L3R 6Z8

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**APS Guiding Questions:** Who am I? Who are you? Who are we together?

#### APS - Seven Values

Citizenship Empathy Inclusivity Innovation **Relationships Self-Awareness** Optimism

### Inspire Learning!

#### Aldergrove Public School Community Newsletter May 10, 2024, Vol. 18

#### Message from the Office

Scholars have been treated to sunshine, warm temperatures and lots of opportunities to enjoy the changing of the seasons. Grade 1 and 2 scholars went on a field trip to Ripley's Aquarium, our Kindergarten students went to Legoland, and some of our Junior classes visited the zoo. We had a visit from the York Region Public Health nurses who gave immunizations to our intermediate scholars, and our Youth Space champions had a food handling workshop with York Region Public Health as well

This week our scholars participated in the school performance "Universal Healing". It was an outstanding show and we are so proud of all the work it took to put this on. Next week is our Mental Wellness day and we look forward to a meaningful experience for our scholars. Junior and Intermediate Track and Field will be held during the last week of May. These many school-wide events bring the Aldergrove scholars together to build community and joy!

The School Council will have their last meeting on Thursday, May 23 at 6:30 pm. Come out to share your ideas, learn about Aldergrove and to connect with other parents.

Thank you for your continued partnership in supporting our scholars.

Ms. Jessa Principal

Mr. Pamayah Vice Principal

#### May is Asian, South Asian and Jewish Heritage Month

**Resources for Families** Guide to the School Year Student Mental Health and Addictions Newsletter - May 2024 York Hills Positive Parenting Seminars Hong Fook Mental Health Association Newsletter - May The Centre for Black Student Excellence Newsletter - March Markham Public Library Aldergrove Archives: Past Newsletters and School Council Minutes

#### School Schedule

Safe Arrivals: 8:15 am - staff on duty outside (scholars stay outside Please be on time for until entry bell, except when it's raining) school. If your child is 8:25 am - entry bell late or will be absent, 8:30 am - learning block please inform the 10:10 am - 10:40 am recess 10:40 am -12:20 - learning block school office or use 12:20 pm - 1:20 pm lunch EDSBY to share this 1:20 pm - 3:00 pm learning block information. 3:00 pm - dismissal

#### School Council

Please take a look at the dates planned for meetings this year and mark them on your calendar. Child care and language translation are provided at each meeting.

- Thursday, May 23 Council Meeting 6:30 pm final council meeting of the year
- Thursday, May 30 Aldergrove Eats 3:15-6 pm

You can access past School Council Minutes here.

#### Weather Preparation

Aldergrove scholars need to be comfortable throughout the school day and dress appropriately for the different weather they may experience at recess. The list below outlines some suggestions for Spring (April through June)

sun hat

long pantsraincoat

- closed toe shoes
  - shorts in hot weather
- extra socks
- light jacket
- rain boots,

#### New! Term 2 Aldergrove Lunch Programs

Tuesday: Pizza Lunch, February 6-June 25. Wednesday: Sushi Lunch, February 7-June 26. Friday: Sub Lunch, February 9-June 21.

#### Grade 3 & Grade 6 EQAO

Between June 5 and June 12, Grade 3 and Grade 6 scholars will be taking part in the provincial Assessment of Reading, Writing and Mathematics, Primary Division (Grades 1–3) or Junior Division (Grades 4–6). These assessments, developed by Ontario teachers and assessment experts, are administered to all Grade 3 and Grade 6 scholars in Ontario's publicly funded school system by the Education Quality and Accountability Office (EQAO).

In the fall, EQAO will share individual reports for all our scholars. Your child's results are private and will give you an indication of their achievement in relation to Ontario's provincial standard. The standard, or Level 3, represents the range from B– to B+. Meeting the standard means your child has a solid grasp of the required knowledge and skills, which is a good indication that they will be ready for the next grade. The results of the assessment do not affect your child's grades or report card in any way.

For more information about EQAO and to view a sample test, visit EQAO's website, <u>www.eqao.com</u>.



#### Children's Mental Health Awareness Week

Each year, Ontarians mark the first full week of May as Children's Mental Health Awareness Week. This important week is about:

- Increasing awareness of the signs of child and youth mental health problems
- Decreasing stigma
- Understanding that help is available and it works!

Children's Mental Health AWARENESS WEEK

For more information on Children's Mental Health Awareness Week please see <u>CMHA Mental</u>

<u>Health Week</u>. One in five Ontario children and youth have a mental health problem; that is about 500,000 kids. Disorders range from anxiety, depression and conduct disorder to eating disorders, schizophrenia, and bi-polar disorder.

We recognize that many factors contribute to mental health and well-being, for example, physical health, eating, sleep, and social interactions. What is often missed is a student's sense of mattering and belonging. If a student feels valued, welcomed, comfortable and safe in the learning environment they are better able to learn and participate at their full potential. This can contribute to a positive sense of self and positive mental health/well-being. When mattering and belonging are missing, it can take a damaging toll on the student's mental health and overall well-being. Our aim is that all students at Aldergrove feel they matter and belong at our school. We look forward to Wellness Day at Aldergrove on Friday, May 17, 2024.

#### **Discover Kindergarten**

On Thursday, May 16, we invite the families of all future junior kindergarten students to an evening of playing and learning. Our kindergarten team will be available and provide learning activities to help our newest students get ready for kindergarten. Please contact the school office if you would like to participate and have a child starting in junior kindergarten in September 2024.

#### Parent/Caregiver Presentation - Technology and Mental Health

The presentation will focus on the characteristics of anxiety, and some general strategies that may be beneficial in supporting your children and their anxiety.

- Date: May 29, 2024; 6-7pm
- <u>Registration Link</u>

#### May is South Asian and Asian Heritage Month

May is Asian and South Asian Heritage Month in Ontario. In May 2002, the Government of Canada officially declared May as Asian Heritage Month. At the provincial level, the Legislative Assembly of Ontario designated May as South Asian Heritage Month in 2001 and as Asian Heritage Month in 2005.

The South Asian Heritage Act of 2001 established the foundation upon which South Asians, whose origins are or can be traced to the Indian subcontinent, can see themselves reflected and valued in the fabric of Ontario and our schools, and appreciated for their extensive contributions to Canada.

In May 2002, the Government of Canada signed an official declaration to designate May as Asian Heritage Month. This acknowledges the long and rich history of Asian Canadians from East Asia, Southern Asia, Western and Southeast Asia and their contributions to significant Canada.



Staff and students are encouraged to join Ontarians and Canadians who will be coming together to understand, affirm and appreciate the vibrant heritage of people of Asian and South Asian descent.

#### May is Jewish Heritage Month

In 2018, Parliament unanimously passed a bill proclaiming that throughout Canada, the month of May will be marked as "Canadian Jewish Heritage Month", celebrating the inspirational role that Jewish Canadians have played and continue to play in communities across the country.

From law, to politics, to culture, to sports, this important initiative celebrates the contributions Jewish Canadians have been making to this country for 250 years. This type of initiative helps

Canadians understand one another by allowing different communities and cultures to be showcased and celebrated. Jewish Canadians have made enormous contributions to the fabric of Canadian society, and regardless of their cultural background, all Canadians are rightly proud of the country we have built together. Understanding and appreciating the contribution different communities make to Canada brings us close together.



Staff and students are encouraged to join

Ontarians and Canadians who will be coming together to understand, affirm and appreciate the important heritage of Jewish people.

#### Summer Institute 2024

York Region District School Board's Summer Institute offers academic, recreational and athletic programs and activities with intentional links to the Ontario Curriculum for students entering Senior Kindergarten to Grade 8.

#### Program Dates

Weekly Sessions July 2, 2024 to August 9, 2024: Week A: July 2 – 5 (4-day week) Week B: July 8 – 12 Week C: July 15 – 19 Week D: July 22 – 26 Week E: July 29 – August 2 Week F: August 6 - 9 (4-day week)

See <u>Registration Information</u> and <u>Frequently Asked Questions</u>. Summer Institute 2024 Registrationis now open. Please visit the <u>Summer Institute registration page</u> for the online registration link.

#### Kindergarten Registration

Kindergarten registration for September 2024 begins January 19 for the 2024-25 school year. Children who turn four or five years old during 2024, live within the school boundary, and whose parents/guardians are public school tax supporters will be eligible to register for Kindergarten. There are several ways you can register for Kindergarten:

- Online Families can access the online Kindergarten registration information at <u>www.yrdsb.ca/kindergarten</u>. It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- By email Families can download the <u>Elementary School Registration Form</u> at <u>www.yrdsb.ca/Kindergarten</u> and email the completed form to their school email address. Email addresses can be found on the <u>school website</u>.
- By phone Families can request support to complete the registration form on their behalf by collecting the required information by phone. Families can request an interpreter, if needed, during this phone conversation. <u>Call your local school</u>.
- In-person at the school Families may visit the school office to drop off or complete a registration form.

Once you have completed your application, the school will contact you to make an appointment to review and verify the <u>required documents</u>.

Our Kindergarten programs are caring and welcoming where children learn through exploration, play and inquiry. You can learn more at <u>www.yrdsb.ca/Kindergarten</u>. We look forward to welcoming our new students and families to the school.



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## May 2024

🧆 🛒 🐸 The Breakfast Program is <mark>OPEN</mark> every day from 8:00 - 8:25 am								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
28	29 Day 1	30 Day 2 Pizza Day 🤜	1 Day 3 Sushi Day <del></del> Gr 1/2 @ Aquarium	2 Day 4 FDK @ Legoland	3 Day 5 Sub Day Business Club @ Seneca	4		
5	6 Day 1	7 Day 2 Pizza Day 🤜	8 Day 3 Sushi Day 🛲	9 Day 4 Performance 6pm	10 Day 5 Sub Day 🥪 Gr 3 Swim to Survive	11		
12	13 Day 1	14 Day 2 Pizza Day ◀	15 Day 3 Sushi Day 🛲	16 Day 4 Gr 4 Cycling Workshop Discover Kindergarten 6pm	17 Day 5 Sub Day Wellness Day Gr 7 Swim to Survive Spirit Day: Count on Me	18		
19	20 Victoria Day No School	21 Day 1 Pizza Day 🤜	22 Day 2 Sushi Day <del></del> Gr 5/6 Zoo	23 Day 3 School Council 6:30	24 Day 4 Sub Day <i> </i>	25		
26	27 Day 5 Gr 4-6 Track & Field	28 Day 1 Pizza Day 🤜 Gr 7-8 Track & Field	29 Day 2 Sushi Day <del></del> Raindate for T&F	30 Day 3 Gr 7/8 Solidaridad Tango Aldergrove Eats 3:15	31 Day 4 Sub Day Gr 3 Swim to Survive Raindate for T&F			
♥ Phone: (905) 470-2227 ■ Email: aldergrove.ps@yrdsb.ca ■ Twitter: @aldergroveps								







## **KINDERGARTEN REGISTRATION**

There are several ways you can register your child for Kindergarten

#### **Option 1: Online**

Register online by visiting <u>www.yrdsb.ca/kindergarten</u>.

#### **Option 2: Phone**

Register by calling the school to request support to complete the registration over the phone. Interpreters available upon request.

#### **Option 3: In Person**

Visit the school office to drop off or complete a registration form.

#### Register in just two easy steps:

Complete registration form and submit to the school



The school will contact you to review and verify the required documents



YORK REGION

Community Action Program for Children

## **MAY/JUNE 2024**

Monday	Tuesday	Wednesday	Thursday
Little Artist 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered	Seamless Transitions 9:30-11:30 AM Aldergrove Public School *May 7th-June 11th *Children born 2019/2020 only Registration Required		<u>Learn and Play</u> 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered
<b>#Bedtime Stories</b> 6:30PM Facebook Live Birth-6 years unregistered	<b>#Circletime</b> 12:30PM Facebook Live Birth-6 years unregistered	<b>#Storytelling</b> 12:30PM Facebook Live Birth-6 years unregistered	<b>#PlayandLearn</b> 12:30PM Facebook Live Birth-6 years unregistered
	Program De	Outdoor Circle Time 9:30-11:00 AM Denison Park Birth-6 years unregistered	
	Little Artist 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered	Little Artist9:30-11:30 AMAldergrove Public SchoolBirth-6 yearsunregisteredImage: Second December 2019/2020Image: Second	Little Artist 9:30-11:30 AM   Aldergrove Public School 9:30-11:30 AM   Aldergrove Public School *May 7th-June 11th   *Children born 2019/2020 only   Registration Required *Registration Required   #Bedtime Stories #Circletime   6:30PM 12:30PM   Facebook Live Birth-6 years   Birth-6 years unregistered   Unregistered 9:30-11:00 AM   Dutdoor Circle Time 9:30-11:00 AM   Denison Park Birth-6 years

Special events: June 10th Dragon Boat Festival! Let's enjoy the dragon boat race and delicious food.

#### Seamless Transitions Workshop Series:

Register @ https://forms.office.com/r/2WfEJk9dGw

Seamless Transitions is an interactive parent-child program in person, indoor for children who are entering Junior Kindergarten in September 2024. This is a six-week program that focuses on nurturing the four foundations of learning; belonging, well-being, expression and engagement that children organically pursue which support optimal learning and a healthy environment. CAPC Educators will support children and their families by providing activities, resources and tips on how to support your child's transition to school. Seamless Transitions will provide you with a chance to observe and take part in their children's play-based learning with the intent of creating a common language and learning between home and school.

Little Artist. Our little Artist program, where creativity meets education for budding birth to 6-year-olds! Our carefully crafted curriculum is a vibrant canvas, inspiring young minds to explore, create, and express themselves through various artistic mediums. From finger painting to sculpting, our experienced instructors nurture each child's imagination while teaching fundamental skills such as colour mixing, shape recognition, and fine motor development. Through playful activities and guided projects, we spark curiosity and instill a lifelong appreciation for the arts. Join us in unleashing the inner artist in your child!

Learn and Play.- This indoor program follows a developmental approach aimed at fostering the cognitive, emotional, social, and physical growth of children from birth to six years old through interactive and enjoyable activities. The focus is to provide learning through free play and build positive relationship amongst families.

#Storytelling - Snuggle up in a cozy spot at home and get ready to relax and enjoy a story.

**Outdoor Circle Time** - Embrace the beauty of springtime and join us for an enchanting outdoor circle experience tailored for children aged 0 to 6 years old! Our Spring Outdoor Circle offers a delightful opportunity for children to immerse themselves in the wonders of the season, celebrating nature's renewal and vibrant colors. During our Spring Outdoor Circle, children will embark on a journey of discovery, exploration, and sensory delight as they engage in a variety of outdoor activities such as music and dance in nature, and story telling. Located at Denison Park

#PlayandLearn- Join us on Facebook for parents and caregiver to learn different hands-on, open-ended activities for children.

#Circletime- Join us live on Facebook for a lively, interactive session designed to engage young minds in the joy of music and storytelling. Through age-appropriate songs and stories, children explore language development, coordination, and social interaction in a fun, stimulating environment.

#BedtimeStories- Join us live on Facebook for dreamland tales is an enchanting online bedtime stories program created to make the bedtime routine a magical and ed to make the bedtime routine a make the bedtime routine a magical and ed to make the bedtime routine a magical and ed to make the bedtime routine a make the

Join our private Facebook group for virtual programs, by visiting: <u>https://www.facebook.com/groups/markhamcapc</u>



Public Health Agency of Canada Agence de la santé publique du Canada

For more information or to determine eligibility for free transportation to a program: Melanie Whittington, Project Facilitator. Mobile: (905) 806–1895 or Email: <u>capcyorkregion@yorkchild.ca</u>



# SAVE THE DATE!

## Thursday | June 20 | 5:30 pm

Markham Convention Centre

## 2901 Markham Rd, Toronto

5:30 - 7 pm | Graduation Ceremony



7 – 10 pm | Celebration (Grads Only)